PENHALIGON'S FRIENDS

1-DAY TRAINING

INTRODUCTION TO CHILDREN'S GRIEF AND BEREAVEMENT

This 1-day course is for anyone interested in understanding how children grieve and what can help them. A great introduction for anyone who may come in to contact with children who have experienced bereavement or loss.

Thursday 5th November 2026
10am - 4pm

Penhaligon's Friends
Redruth, TR15 1LU

£60 per person - to be invoiced prior the training

Refreshments provided, please bring a packed lunch

CONTACT US TO BOOK YOUR PLACE

01209 215889

enquiries@penhaligonsfriends.org.uk

www.penhaligonsfriends.org.uk Charity No: 1189323

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1-DAY TRAINING

INTRODUCTION TO CHILDREN'S GRIEF AND BEREAVEMENT

By the end of the 1-day training, you will:

- Understand how children and young people usually grieve at different ages and cognitive stages of development.
- Know what bereaved children and young people need and what can complicate their grief.
- Understand when a bereaved child or young person may need additional support for their grief and what support is available in Cornwall and nationally.
- Have the confidence to have supportive conversations with bereaved children and young people and have some knowledge and skills to help support them with their grief.

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