



## 1-DAY TRAINING

### INTRODUCTION TO CHILDREN'S GRIEF AND BEREAVEMENT

This 1-day course is for anyone interested in understanding how children grieve and what can help them. A great introduction for anyone who may come in to contact with children who have experienced bereavement or loss.



Tuesday 28<sup>th</sup> April 2026



Penhaligon's Friends  
Redruth, TR15 1LU



£60 per person - to be  
invoiced prior the training



Refreshments provided,  
please bring a packed lunch



### CONTACT US TO BOOK YOUR PLACE



01209 215889



[enquiries@penhaligonsfriends.org.uk](mailto:enquiries@penhaligonsfriends.org.uk)



# I-DAY TRAINING

## INTRODUCTION TO CHILDREN'S GRIEF AND BEREAVEMENT

By the end of the 1-day training, you will:

- Understand how children and young people usually grieve at different ages and cognitive stages of development.
- Know what bereaved children and young people need and what can complicate their grief.
- Understand when a bereaved child or young person may need additional support for their grief and what support is available in Cornwall and nationally.
- Have the confidence to have supportive conversations with bereaved children and young people and have some knowledge and skills to help support them with their grief.

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