## PENHALIGON'S FRIENDS

# CHILDHOOD LOSS & GRIEF TRAINING - LEVEL 1

Suitable for all professionals who come into contact with bereaved children and young people in the course of their work & for individuals looking to volunteer for the charity.

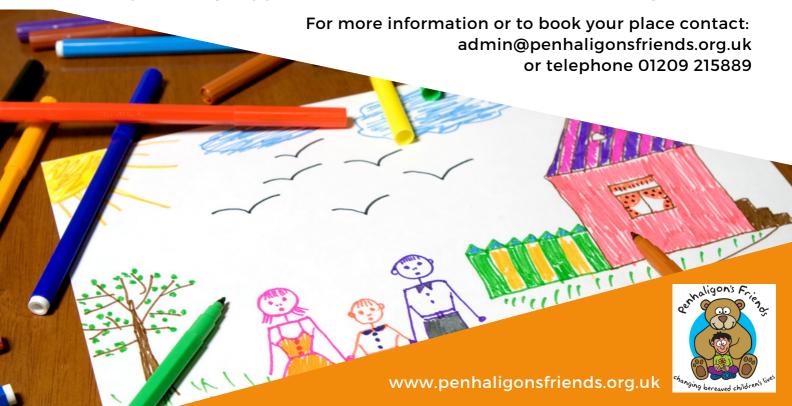
SESSION 1 - WED 18TH SEPTEMBER 2024 10AM-4PM SESSION 2 - WED 25TH SEPTEMBER 2024 10AM-4PM SESSION 3 - WED 2ND OCTOBER 2024 10AM-4PM

(You must attend all 3 sessions to complete the course)

VENUE: PENHALIGON'S FRIENDS, REDRUTH (TR15 1LU) FEE: £165.00

(Bring a packed lunch, tea & coffee provided)

Penhaligon's Friends aims to enable the community to better understand and support bereaved children and young people by providing support, information, literature and training.



### **PROGRAMME**

#### Session 1

- Coping with grief & children's responses
- Communicating with bereaved children

#### Session 2

- Family dynamics and loss
- The Tasks of Grief through play
- Supporting children after suicide & traumatic death

#### Session 3

- Conclusions
- Complex grief & referrals

# **COURSE AIMS**

- Provide knowledge, skills and tools to facilitate childhood loss.
- Create personal resources to use with a bereaved young person.

# LEARNING OUTCOMES

- An understanding of the responses children and their families may have when bereaved.
- A basic knowledge of theories relating to childhood loss and grief.

