Penhaligon's Friends CHILDHOOD LOSS & GRIEF TRAINING - LEVEL 1

Suitable for all professionals who come into contact with bereaved children and young people in the course of their work & for individuals looking to volunteer for the charity.

SESSION 1 - TUES 29TH SEPT 2022 10AM-4PM SESSION 2 - TUES 4TH OCT 2022 10AM-4PM SESSION 3 - TUES 11TH OCT 2022 10AM-4PM (You must attend all 3 sessions to complete the course)

VENUE: PENHALIGON'S FRIENDS, REDRUTH (TR15 1LU) FEE: £165.00

(Bring a packed lunch, tea & coffee provided)

Penhaligon's Friends aims to enable the community to better understand and support bereaved children and young people by providing support, information, literature and training.

> For more information or to book your place contact: admin@penhaligonsfriends.org.uk or telephone 01209 215889



www.penhaligonsfriends.org.uk

PROGRAMME

Session 1

- Coping with grief & children's responses
- Communicating with bereaved children

Session 2

- Family dynamics and loss
- The Tasks of Grief through play
- Supporting children after suicide & traumatic death

Session 3

- Conclusions
- Complex grief & referrals

COURSE AIMS

- Provide knowledge, skills and tools to facilitate childhood loss.
- Create personal resources to use with a bereaved young person.

LEARNING Outcomes

- An understanding of the responses children and their families may have when bereaved.
- A basic knowledge of theories relating to childhood loss and grief.



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