

# PENHALIGON'S FRIENDS

# CHILDHOOD LOSS & GRIEF

# TRAINING - LEVEL 2

Level 2 is a continuation from the Level 1 training in childhood loss and grief. It offers an opportunity for participants to learn practical skills when supporting children and young people who have experienced a loss.

**SESSION 1 - TUES 15TH MAR 2022 10AM-4PM**

**SESSION 2 - TUES 22ND MAR 2022 10AM-4PM**

**SESSION 3 - TUES 29TH MAR 2022 10AM-4PM**

**SESSION 4 - TUES 5TH APR 2022 10AM-4PM**

(You must attend all 4 sessions to complete the course)

**VENUE: PENHALIGON'S FRIENDS, REDRUTH (TR15 1LU)**

**FEE: £220.00**

(Bring a packed lunch, tea & coffee provided)

Penhaligon's Friends aims to enable the community to better understand and support bereaved children and young people by providing support, information, literature and training.

For more information or to book your place contact:  
admin@penhaligonsfriends.org.uk  
or telephone 01209 215889



# PROGRAMME

## Session 1

- Introduction
- Memory Day activities

## Session 2

- Working with 4-7yrs
- Working with 8-12yrs

## Session 3

- Suicide & Traumatic Death

## Session 4

- Working with Teenagers
- What next? Projects & Endings

This course uses a wide range of activities and you will create your own toolbox or resources to use with bereaved children.

The course will explore your own grief experiences and you will be asked to write a reflective journal.

## COURSE AIMS

- Provide knowledge, skills and tools to facilitate childhood loss.
- Create personal resources to use with a bereaved young person.

## LEARNING OUTCOMES

- An understanding of creative and therapeutic activities that can be used with young people
- A deeper understanding and awareness of participants own grief

