

# PENHALIGON'S FRIENDS

# CHILDHOOD LOSS & GRIEF

# TRAINING - LEVEL 1

Suitable for all professionals who come into contact with bereaved children and young people in the course of their work & for individuals looking to volunteer for the charity.

**SESSION 1 - TUES 18TH JAN 2022 10AM-4PM**

**SESSION 2 - TUES 25TH JAN 2022 10AM-4PM**

**SESSION 3 - TUES 1ST FEB 2022 10AM-4PM**

(You must attend all 3 sessions to complete the course)

**VENUE: PENHALIGON'S FRIENDS, REDRUTH (TR15 1LU)**

**FEE: £165.00**

(Bring a packed lunch, tea & coffee provided)

Penhaligon's Friends aims to enable the community to better understand and support bereaved children and young people by providing support, information, literature and training.

For more information or to book your place contact:

[admin@penhaligonsfriends.org.uk](mailto:admin@penhaligonsfriends.org.uk)

or telephone 01209 215889



[www.penthaligonsfriends.org.uk](http://www.penthaligonsfriends.org.uk)



# PROGRAMME

## Session 1

- Coping with grief & children's responses
- Communicating with bereaved children

## Session 2

- Family dynamics and loss
- The Tasks of Grief through play
- Supporting children after suicide & traumatic death

## Session 3

- Conclusions
- Complex grief & referrals

## COURSE AIMS

- Provide knowledge, skills and tools to facilitate childhood loss.
- Create personal resources to use with a bereaved young person.

## LEARNING OUTCOMES

- An understanding of the responses children and their families may have when bereaved.
- A basic knowledge of theories relating to childhood loss and grief.

