

Traumatic Bereavement: References and Further Reading

Key references are boxed

Bereavement

Dyregrov, A. (2008). *Grief in Children: A Handbook for Adults. 2nd Edition*. Jessica Kingsley.

Dyregrov, A. (2008). *Grief in Young Children: A Handbook for Adults*. Jessica Kingsley.

Dowdney, L. (2000). Annotation: Childhood Bereavement Following Parental Death. *Journal of Child Psychology and Psychiatry* 41(7): p. 819 - 830.

Assessment of trauma

Ohan et al. (2002). Ten-year Review of Rating Scales. IV: Scales Assessing Trauma and its Effects. *Journal of the American Academy of Child and Adolescent Psychiatry*, 41(12), 1401-1422.

Reactions to Trauma and Traumatic Bereavement

Cohen et al (2002). Treating Traumatized Children: Clinical Implications of the Psychobiology of Posttraumatic Stress Disorder. *Trauma, Violence and Abuse*. 3(2), 91-108

There is growing evidence that child maltreatment and posttraumatic stress disorder result in numerous neurobiological alterations in children and adolescents, including abnormalities in brain structure and functioning. This article reviews several psychobiological systems with regard to their functioning under normal stress and in the presence of posttraumatic stress disorder, with a focus on recent research findings in children and adolescents, and the implications these findings have on clinical intervention for traumatized children. The importance of early identification and treatment of traumatized children and the need to empirically evaluate psychopharmacological interventions for childhood posttraumatic stress disorder are discussed in detail. Research and policy priorities are also addressed.

Meiser-Stedman, R. (2002). Towards a Cognitive-Behavioral Model of PTSD in Children and Adolescents. *Clinical Child & Family Psychology* 5(4), 217-232.

Posttraumatic stress disorder in children and adolescents has been studied only for the past 15-20 years and is the subject of a burgeoning corpus of research. Much research has focused on examining whether children and adolescents have the same responses to trauma as those experienced by adults. Many of the research tools used to investigate children's responses are taken from measures designed for use with adults, and these measures have proven to be useful. However, it has not been established that children's responses to traumatic events are related to the same underlying processes as are adults' responses. The possible application of 2 recent cognitive models of PTSD in adults to understanding PTSD in children and adolescents is discussed in this paper, within the context of what is already known about children's reaction to trauma and existing theoretical accounts of childhood PTSD. Particular attention is paid toward the nature of children's memories of traumatic events and how these memories relate to the reexperiencing symptoms of PTSD, and cognitive processes that may play a role in the maintenance of PTSD. It is proposed that the adoption of a more specific cognitive-behavioral framework may be beneficial and lead to better treatment outcomes.

Cohen & Mannarino (2002). Childhood Traumatic Grief – Concepts and Controversies. *Trauma, Violence & Abuse* 3(4) 307-327.

Intervention for Trauma and Traumatic Bereavement

Cohen JA, Mannarino AP, Deblinger E (2006). *Treating Trauma and Traumatic Grief in Children and Adolescents*. New York, The Guilford Press.

Salloum, A. (2004). *Group Work with Adolescents After Violent Death: A Manual for Practitioners*. Brunner-Routledge.

This book provides a very rich and solid introduction to working with groups of adolescents bereaved by a traumatic death. It achieves a good balance of theory and practice: it gives clear indications of exactly what to do (it is after all a manual), but it also gives an overview of some models of bereavement and group processes, on which the manual is based.

Chapple, A. & Ziebland, S. (2010). Viewing the body after bereavement due to a traumatic death: qualitative study in the UK. *British Medical Journal*, 340, c2032.

Cohen and Mannarino (2004). Treatment of Childhood Traumatic Grief. *Journal of Clinical Child and Adolescent Psychology* 33(4) 819-831.

Gupta, L. & Zimmer, C. (2008) Psychosocial intervention for war-affected children in Sierra Leone. *The British Journal of Psychiatry*, 192, 212–216.

Home Office, Crown Prosecution Service and Department of Health (2001). Provision of Therapy for Child Witnesses Prior to a Criminal Trial - Practice Guidance. CPS Communications Branch. Also available at www.cps.gov.uk

Monroe, B. & Kraus, F. (2005). *Brief Interventions with Bereaved Children*. OUP

Stokes, J. (2004). *Then, Now and Always. Supporting Children Through Grief: A Guide for Practitioners*. Winston's Wish.

Trickey, D. (2005). Young people bereaved by suicide: what hinders and what helps. *Bereavement Care Journal*, Spring.

Refugees and asylum seekers

Ehnholt, K. A. & Yule W. (2006). Practitioner Review: Assessment and treatment of refugee children and adolescents who have experienced war-related trauma. *Journal of Child Psychology and Psychiatry* 47 (12), 1197–1210.

Websites

Child Bereavement UK www.childbereavement.org.uk	Provides specialised support, information, resources, training, and a support and information line, for families and for professionals. It also provides interactive forums for families, professionals, teachers where issues are discussed electronically.
Winston's Wish www.winstonswish.org.uk	Offers practical support and guidance, resources, training and a national Helpline. It has an interactive website for bereaved young people.
Cruse Bereavement Care www.crusebereavementcare.org.uk Young person's website: www.rd4u.org.uk	Provides support to bereaved individuals and offers information, advice, education and training services to those working with the bereaved. It has an interactive website for bereaved young people.
Child Bereavement Network (CBN) www.childbereavementnetwork.org.uk	A network of organisations and individuals working with bereaved children and young people which aims to increase access to information, guidance and support services for bereaved children and those working with them. It provides resources and a directory of services around the country.
The National Child Traumatic Stress Network www.nctsn.net	An American based network that provides excellent resources for parents, schools, the media and professionals.
The Children and War Foundation www.childrenandwar.org	Provides group manual for intervention, training and copies of measures